

## THE 7 EXPRESSIONS OF BEAUTY

*Turning beauty inside out and right side up*

With so much emphasis on physical attributes there is only a cursory nod given to the other more significant qualities that make someone beautiful. Beauty engages the whole of who we are through our sensory experience. The 7 Expressions of Beauty illuminate the experience of beauty in our lives and for those around us.

#7

### **The Character of Beauty**

our integrity, confidence, attitudes and self-awareness

#6

### **The Wisdom of Beauty**

our ability to think, reason and understand the world

#5

### **The Language of Beauty**

what we say through our body, words, tone and intention

#4

### **The Contribution of Beauty**

using our unique talents in service of the greatest need

#3

### **The Relationship of Beauty**

relating to other living things as a mirror of ourselves

#2

### **The Style of Beauty**

the physical representation of our character and the story it tells about us

#1

### **The Vitality of Beauty**

the aliveness of our body to support our life's endeavors